

While our primary function at Flip N Cheer is progressive gymnastics instruction, are camps are designed for kids to have fun! Your child can expect to meet new friends, play games and laugh a lot! Please provide your child with a snack and or lunch as well as a water bottle.

# Flip N Cheer



# SUMMER CAMPS



## Beginner Camp

Your child will learn fundamental gymnastic skills in a fun filled environment. Introduction to balance beam, bars and vault will help build confidence and skill in your child. Our focus is to have fun!

**Ages:** 5 and Up  
**Dates:** June 21-25 or July 19-23  
**Time:** 9:00am – 1:00pm  
**Fee:** \$85.00/week

## Intermediate Camp

Children will concentrate on perfecting elementary gymnastic skills. Round offs, walkovers and handsprings will be practiced at a recreational level.

**Prerequisite:** The child must have a strong back bend, cartwheel and handstand.

**Ages:** 5 and Up  
**Dates:** June 28-2 or July 26-30  
**Time:** 9:00am – 1:00pm  
**Fee:** \$85.00/week

## Advanced Camp

Designed for the student who has accomplished learning all the basic skills from the previous level. The focus of this class is to challenge students to perfect their abilities.

**Prerequisite:** The student must have a running round off, standing backbend and a back handspring.

**Ages:** 5 and Up  
**Dates:** July 5-9 or August 2-6  
**Time:** 9:00am – 1:00pm  
**Fee:** \$85.00/week

## Back Handspring Camp

Designed for cheerleaders and young gymnast that want to learn a back handspring quickly.

**Prerequisite:** The student must have a running round off, standing backbend.

**Ages:** 5 and Up  
**Dates:** July 12-16 or August 9-13  
**Time:** 9:00am – 1:00pm  
**Fee:** \$85.00/week

## ALL DAY CAMP

**Do you worry that your child will sit in front of a TV or computer all day this summer?**

Flip N Cheer all day camps were designed specifically to keep children active and educated. Your child can plan on crafts and games, as well as a variety of activities including a gymnastics curriculum.

**Ages:** 4 and Up  
**Dates:**  
 June 14-18, 21-25, 28-2  
 July 5-9, 12-16, 19-23, 26-30  
 August 2-6, 9-13, 16-20  
**Time:** 8:00am – 4:00pm  
**Fee:** \$120.00/week



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# Register Now!